

Energy

$$\text{Work} = F d$$

2 types
of mechanical
Energy

Work - work is done to objects
to give them mechanical energy

Potential Energy - stored energy in an
object due to its height

Kinetic Energy - moving energy

Dec 4-7:54 AM

Work $W = F d$

A girl pushes a box with a force of 20N for a distance of 10m.
What was the work done on the box?

$$W = F d = 20\text{N} (10\text{m}) = 200 \text{ Joules}$$

Unit for energy is Joules

200J

Dec 4-7:56 AM

A boy lifts a 4.0kg box a distance of 2.0m. What is the work done on the box?

$$W = F d = 39.2 \text{ N} (2 \text{ m}) = \boxed{78.4 \text{ J}}$$

*To lift an object up, you must apply the force up equal to the weight of the object.

ex 4kg object weighs $4 \text{ kg}(9.8) = 39.2 \text{ N}$
So you need to apply 39.2 N upward.

Dec 4-7:57 AM

A girl carries a 4.0kg toy across a room for a distance 8.0m. How much work was done on the toy?

$$W = F d$$

↑
The force applied to the object must be in the direction of motion (distance)

ANSWER: ZERO (because the force you apply while carrying it is up, but the distance traveled is left/right)

Dec 4-7:58 AM

Potential Energy

$$E_p = mgh$$

potential energy (J)

mass (kg)

9.8 m/s^2

height (m)

Dec 4-8:37 AM

A 200kg roller coaster is at the top of a 20m high hill. What is the potential energy of the roller coaster?

$$E_p = mgh = (200 \text{ kg})(9.8 \text{ m/s}^2)(20 \text{ m})$$

$$= 39200 \text{ J}$$

Dec 4-1:52 PM

A boy lifts a 15kg box to a shelf 2.0m high. What is the potential energy of the box on the shelf? How much work did the boy do to the box?

$$E_p = (15 \text{ kg})(9.8 \text{ m/s}^2)(2.0 \text{ m}) = \boxed{294 \text{ J}}$$

$$W = Fd = 147 \text{ N}(2) = \boxed{294 \text{ J}}$$

$$w = mg = (15 \text{ kg})(9.8) = 147 \text{ N}$$

Dec 4-1:53 PM

Power

$$P = \frac{W}{t}$$

Power

$$\text{J/s} = \text{Watt (w)}$$

← How much work/Energy is used/done (Joules)

← how long did it take to use the energy? (Seconds)

Dec 4-1:54 PM

If something uses 400watts
of power. This means it uses
400 Joules per second.

Dec 4-1:54 PM

A worker does 300J of work in 10s. How much power did
they exert?

$$P = \frac{W}{t} = \frac{300J}{10s} = 30J/s = \textcircled{30W}$$

Dec 6-8:14 AM

A girl pushes a box with a force of 40N for 10m. It takes her 5.0s to do it. What was her Power?

$$P = \frac{W}{t} = \frac{400J}{5.0s} = 80J/s = \boxed{80W}$$

$$W = Fd = 40N(10m) = 400J$$

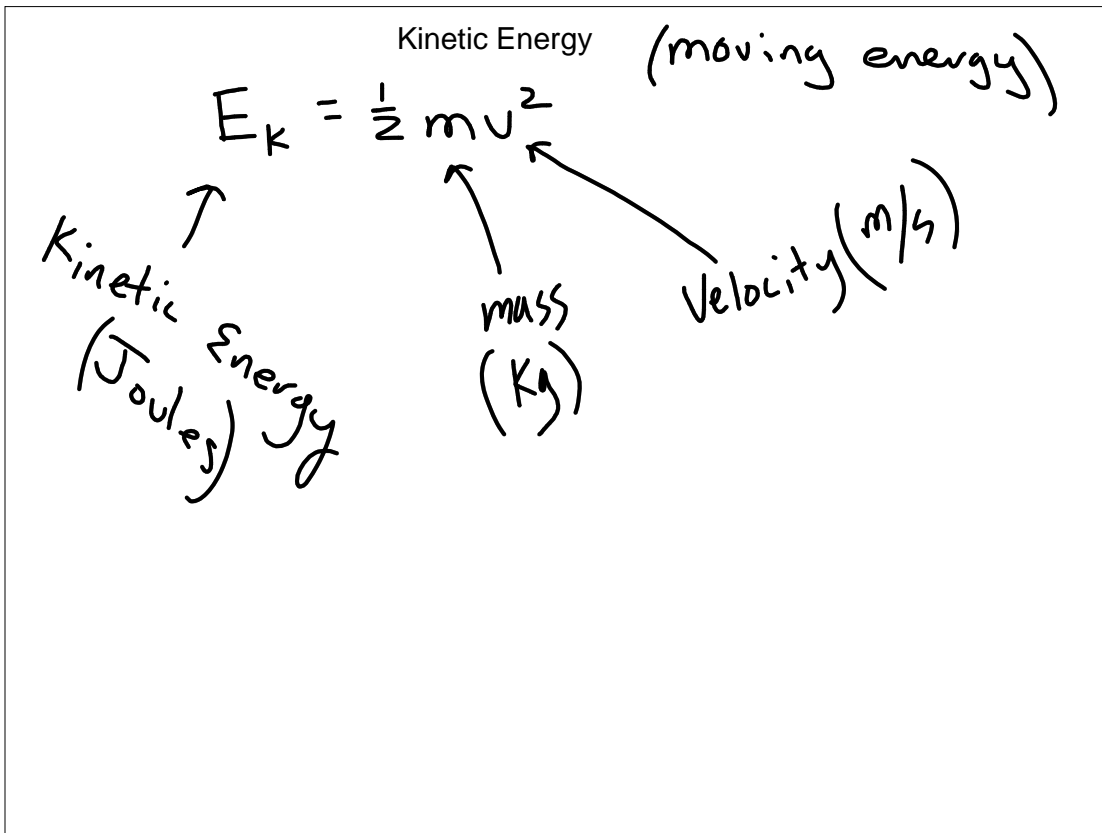
Dec 6-8:16 AM

A worker lifts a 20kg box from the floor to a 2.0m high shelf. He does it in 1.2s. What was his power?

$$P = \frac{W}{t} = \frac{392J}{1.2s} = \textcircled{327W}$$

$$E_p = mgh = (20kg)(9.8m/s^2)(2.0m) = \underline{\underline{392J}}$$

Dec 6-8:19 AM



Dec 7-7:29 AM

A 1200kg car is traveling at 20m/s. What is the kinetic energy of the car?

$$\begin{aligned} E_k &= \frac{1}{2} m v^2 = \frac{1}{2} (1200 \text{ kg}) (20 \text{ m/s})^2 \\ &= \frac{1}{2} (1200) (400) \\ &= 240,000 \text{ J} \end{aligned}$$

Dec 7-7:30 AM

A 0.050kg bullet is traveling toward a target. While traveling in the air, it has 20J of kinetic energy. What is the velocity of the bullet?

$$E_k = \frac{1}{2} m v^2$$

$$20 \text{ J} = \frac{1}{2} (.050 \text{ kg}) v^2$$

$$\frac{20}{.025} = \frac{.025 v^2}{.025}$$

$$\sqrt{800} = \sqrt{v^2}$$

$$v = 28.3 \text{ m/s}$$

Dec 7-7:31 AM

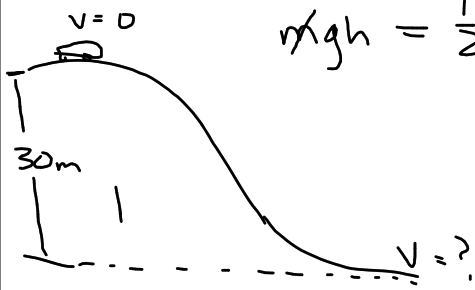
Conservation of Energy

two types of Energy an object can have!

Potential	mgh
Kinetic	$\frac{1}{2} m v^2$

Dec 10-8:01 AM

A roller coaster is at rest on the top of a 30m high hill. What is the velocity of the roller coaster when it gets to the bottom of the hill?



$$mgh = \frac{1}{2}mv^2$$

$$(9.8)(30) = \frac{1}{2}v^2$$

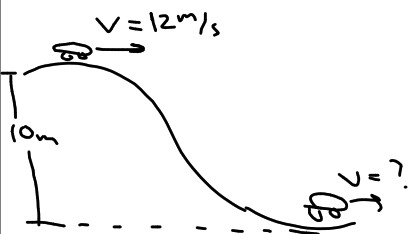
$$(2) 294 = \frac{1}{2}v^2 \times$$

$$\sqrt{588} = \sqrt{v^2}$$

$$v = 24.2 \text{ m/s}$$

Dec 10-8:02 AM

A roller coaster is traveling 12m/s at the top of a 10m high hill. How fast is the roller coaster traveling at the bottom of the hill?



$$\underbrace{\frac{1}{2}mv_i^2 + mgh_i}_{\text{BEFORE}} = \underbrace{\frac{1}{2}mv_f^2}_{\text{AFTER}}$$

$$\frac{1}{2}v^2 + gh_i = \frac{1}{2}v_f^2$$

$$\frac{1}{2}(12)^2 + 9.8(10) = \frac{1}{2}v_f^2$$

$$72 + 98 = \frac{1}{2}v_f^2$$

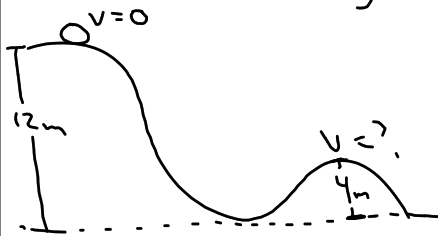
$$(2) 170 = \frac{1}{2}v_f^2(2)$$

$$340 = v_f^2$$

$$v = 18.4 \text{ m/s}$$

Dec 10-8:03 AM

A rock at rest is at the top of a 12m high hill. It rolls down the hill and back to the top of a second hill only 4m high. What is the velocity at the top of the second hill?



$$mgh_i = \frac{1}{2}mv^2 + mgh_f$$

$$gh_i = \frac{1}{2}v^2 + gh_f$$

$$(9.8)(12) = \frac{1}{2}v^2 + 9.8(4)$$

$$117.6 = \frac{1}{2}v^2 + 39.2$$

$$78.4 = \frac{1}{2}v^2$$

$$156.8 = v^2$$

$$v = 12.5 \text{ m/s}$$

Dec 10-8:03 AM

Super man ride at Magic Mountain has a roller coaster that travels at 60 m/s into a hill. How high will the roller coaster go before it stops?

Dec 10-8:04 AM